



## **SPIRITUAL NQ RESIDENTIAL TRAINING COURSE**

**LOOK DEEP INTO NATURE**

**call for participants**

- In the frame of the **NQ APP Erasmus+ project**, that aims at improving **adult learners' wellbeing and ecologically sustainable** attitudes and behavior through the development of their **Nature Intelligence competencies** and their **spiritual connection to nature**, partner organizations are seeking ten adult education providers (trainers, nature instructors, nature coaches and educators) to take part in a residential training course that draws inspiration from the spiritual domain of Nature Intelligence.

**The entire training course is financed by the Erasmus+ program**

- **The residential course is part of a long term training course** that envisages an initial **self paced online course** aimed at acquiring the first theoretical knowledge about the spiritual NQ domains and competencies and aimed at acquiring knowledge on the use of **the innovative mobile NQ app** to be later used for professional purposes. After completion of the online self paced course **the ten participants will have the opportunity to attend the residential part of the training course.**

**Target group** Ten adult education providers such as trainers, nature instructors, nature coaches and educators



# Structure of the residential part



- The **residential part** of the course will be structured as follows:
- **A five-day initial residential course**, comprising three days of immersive nature experiences and two days of meta-reflection, transferability to participant's own work and life context, and evaluation
- **Four monthly online meetings** for a coached practice in participant's own working environment
- **A two and a half-day residential consolidation meeting** aimed at going deeper in one's learning and consolidating a network of possible future partnerships.

## Aim of the course



The course aims at exploring the **spiritual dimensions of adults' relationship with nature**, by providing a **week-long immersive experience in nature**, during which participants will experience practices and activities in order to expand their current competencies in **nature connectedness and Spiritual NQ**.



Erasmus+





## Where and when

The first residential course will take place **from the 13th(travel day) to the 19th(travel day) of October at La Baia d'Oro hotel in Sabaudia (Italy)**, a gorgeous beach resort nestled in the National Park among the sea, the lake and the Circeo promontory.

The **four online coaching sessions** will take place on: **November 2024, December 2024, January 2025, February 2025**. The specific calendar of appointments will be communicated at the end of the residential course, before the end of October 2024.

The second residential consolidation meeting will take place In Spain, near to Saragoza, from the **13th(travel day) to the 16th of March 2025**. Location will be communicated after the end of the residential course.

### Residential course program highlights



Travel day plus a day dedicated to knowing each other better and starting to build the group

Two days of immersive nature experiences

Two days of reflection and learning

Four monthly online coached practice meetings

Two and a half days of consolidation meeting



### Learning Objectives:



Understand the inspiring theory of Nature Intelligence and its Spiritual Domains (Enrapture, Empathy and Exaltation)

Discover the NQ App, a new tool that is aimed at supporting trainers, educators, and people in general to connect with nature and develop their spiritual NQ

Engage in activities aimed at developing one's NQ Spiritual domains

Reflect on one's own spiritual NQ and wellbeing

Develop further competencies to facilitate nature based experiential learning activities

Learn how to apply one's learnings and skills into adult educational contexts



*The aim of life is to align oneself with the natural order*

Zeno of Citium

**[CLICK HERE TO REGISTER FOR THE COURSE](#)**

**For further information, feel free to contact us**

**Deadline to register is July 22 2024**

**Angelica Paci:** [angelicapaci@kamaleonte.org](mailto:angelicapaci@kamaleonte.org)

**Francesca Salmeri:** [francescasalm@gmail.com](mailto:francescasalm@gmail.com)

**Thomas Albers** [thomas@anattafoundation.org](mailto:thomas@anattafoundation.org)

**Bego Gomez** [onageb@gmail.com](mailto:onageb@gmail.com)

**Nature Intelligence website** <https://natureintelligence.eu>

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